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# Gene-Environment Interaction in Adults' IQ Scores: Measures of Past and Present Environment

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**Abstract** Gene-environment interaction was studied in a sample of young (mean age 26 years,  $N = 385$ ) and older (mean age 49 years,  $N = 370$ ) adult males and females. Full scale IQ scores (FSIQ) were analyzed using biometric models in which additive genetic (A), common environmental (C), and unique environmental (E) effects were allowed to depend on environmental measures. Moderators under study were parental and partner educational level, as well as urbanization level and mean real estate price of the participants' residential area. Mean effects were observed for parental education, partner education and urbanization level. On average, FSIQ scores were roughly 5 points higher in participants with highly educated parents, compared to participants whose parents were less well educated. In older participants, IQ scores were about 2 points higher when their partners were highly educated. In younger males, higher urbanization levels were associated with slightly higher FSIQ scores. Our analyses also showed increased common environmental variation in older males whose parents were more highly educated, and increased unique environmental effects in older males living in more affluent areas. Contrary to studies in children, however, the variance attributable to additive genetic effects was stable

across all levels of the moderators under study. Most results were replicated for VIQ and PIQ.

**Keywords**  $G \times E$  interaction · IQ · SES · Parental education · Partner education · Urbanization · Mean real estate price

## Introduction

Heritability of cognitive ability is at present no longer in dispute: many behavior genetics studies have shown that additive genetic influences (A) explain large parts of the observed variation in cognitive functioning in both children and adults (e.g., Bouchard and McGue 1981; McCartney et al. 1990; Bratko 1996; Devlin et al. 1997; Rijdsdijk et al. 2002; Alarcón et al. 1998; Posthuma et al. 2000), and that these influences tend to increase with age, while shared environmental influences (C) decrease (e.g., Bartels et al. 2002; McCartney et al. 1990; McGue et al. 1993; Plomin et al. 1997; Boomsma et al. 2002; Polderman et al. 2006; Bergen et al. 2007).

The broad range heritability estimates ( $h^2$ ) reported in these studies vary roughly between 26% and 85%, and concern sample-based estimates, the assumption being that the heritability is equal for different subgroups and stable across environmental conditions. Several studies however suggest that in children, the heritability estimates for cognitive ability depend on characteristics of the childhood home-environment such as parental income (Harden et al. 2007), parental socioeconomic status (SES, Turkheimer et al. 2003), parental educational level (Rowe et al. 1999), quality of parent-child communication and degree of chaos in the home-environment (Asbury et al. 2005). These interactions between measured environmental variables and

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unmeasured (i.e., latent) genetic influences, often referred to as  $G \times E$ , are not always replicated (e.g., Nagoshi and Johnson 2005; van den Oord and Rowe 1997), and neither is the ‘direction’ of the interaction consistent across studies. Moreover, most studies on  $G \times E$  interaction in cognitive ability have been conducted in samples of children or adolescents (age 17 or below), while studies conducted in adult samples are sparse. The aim of the current study is to investigate whether characteristics of the childhood home-environment influence heritability estimates of cognitive ability in adulthood. In addition, we investigate whether characteristics of the present, adulthood, living environment moderate the heritability of cognitive ability in adults.

Some  $G \times E$  results observed in children support the diathesis-stress model (Gottesman 1991; Paris 1999). The diathesis-stress model is based on the assumption that sensitivity to environmental risk factors is larger in individuals who are at genetic risk for a disorder, compared to those who are not at genetic risk (e.g., Plomin and Rutter 1998). The diathesis-stress model predicts genetic influences to be larger in less advantageous environmental circumstances. Support for this model in the context of cognitive ability, was reported by Asbury et al. (2005), who studied variation in genetic influences on verbal and nonverbal ability as a function of 10 environmental variables in 4-year-old same-sex twins. For verbal ability, interactions involving measures of family chaos, and instructive and informal parent-child communication proved significant, with heritability being higher in less favourable circumstances. Interactions with SES, maternal depression, harsh parenting, and negative parental feelings however were not significant, and no interactions were observed for nonverbal ability.

The alternative so-called bio-ecological model formulated by Bronfenbrenner and Ceci (1994), predicts that genetic potential will be actualized to a larger degree when so-called ‘proximal processes’ are strong. Here, proximal processes are defined as those processes that enhance effective developmental functioning. When proximal processes are strong, environmental differences in developmental outcome are reduced, and the individual differences induced by genetic effects increase (Bronfenbrenner and Ceci 1994, pp. 572–574). Following this model, heritability is largest in advantageous, stable environments. In line with this model, Turkheimer et al. (2003) reported increased heritability of WISC-scores in 7-year-old children from more affluent families. More specifically, in children from a high SES-group (with SES defined as a linear combination of parental income, education and occupational status), the proportion of variance attributable to genetic influences was larger and shared environmental effects smaller ( $h^2 = 0.72$ ,  $c^2 = 0.15$ ), compared to a low SES-group ( $h^2 = 0.10$ ,  $c^2 = 0.58$ ). In this study, the large common environmental effect ( $c^2$ ) reported for the low

SES group, which included a high percentage of impoverished families, is somewhat surprising as one would not expect much variation in familial circumstances in this group. A similar, albeit weaker, interaction was reported by Harden et al. (2007) for 17-year-old children. They observed higher heritability for general cognitive ability, and smaller shared environmental effects in children from higher income families ( $h^2 = 0.55$ ,  $c^2 = 0.35$ ), compared to children from families with lower income ( $h^2 = 0.39$ ,  $c^2 = 0.45$ ). With respect to the moderation effect of parental educational attainment level, Rowe et al. (1999) reported higher heritability of vocabulary level in 16-year-old children from more highly educated families ( $h^2 = 0.74$ ,  $c^2 = 0.00$ ), than in children from less well-educated families ( $h^2 = 0.26$ ,  $c^2 = 0.23$ ). This interaction with parental educational attainment was replicated by Kremen et al. (2005) in a sample of adult males (mean age about 40 years), where heritability of word recognition ability was found to be higher in males from higher educated families ( $h^2 = 0.69$ ,  $c^2 = 0.00$ ), compared to males from less well-educated families ( $h^2 = 0.21$ ,  $c^2 = 0.52$ ).

Because many ‘environmental’ moderators may themselves be under genetic influence (e.g., Plomin et al. 2001), the possibility exists that the environmental moderator under study and the trait under study have additive genetic influences in common. In that case, the moderator is *correlated* to the genetic effects of the trait (rGE) rather than *modifying* the genetic effects of the trait ( $G \times E$ , Purcell 2002). Since rGE can appear as  $G \times E$  in statistical analyses, one should either model rGE explicitly, or correct for the presence of rGE by including moderator effects on the mean of the trait in the model (Purcell 2002). Several of the studies which report significant  $G \times E$  results explicitly accounted for the possible presence of rGE by including moderator effects on the mean of the trait (Kremen et al. 2005; Turkheimer et al. 2003; Harden et al. 2007), ensuring that the reported  $G \times E$  effects are not artefacts of rGE.

At present, the study by Kremen et al. (2005) is the only study on  $G \times E$  interaction in adulthood cognitive ability. In this adult male sample, the higher heritability of the specific skill of ‘word recognition’ in subjects whose parents were highly educated, was due to a decrease in shared environmental effects, rather than an absolute increase in the effects of genetic factors. Yet, this study illustrates that variables like parental educational attainment level, which characterizes the childhood home-environment, may have long-lasting effects on the variance decomposition of word recognition ability. The exact nature of these long-lasting effects is yet unknown, but possibly parental educational attainment level influences the variance decomposition of word recognition ability in childhood, which then remains stable over time. Alternatively, parental educational attainment level could also be a proxy of one’s own

adulthood educational attainment level, as such indirectly moderating the variance decomposition of cognitive ability in adulthood. Other mechanisms are still conceivable. Irrespective of the exact nature of the moderating mechanism, the present study set out to test whether similar moderation effects of parental educational attainment level can be detected for adulthood psychometric IQ scores, as has been observed for childhood IQ.

As noted earlier, the environmental moderators studied thus far all concern characteristics of the childhood home-environment that were not under the control of the subjects under investigation. That is, variables like parental education and income, and the extent of informal/instructive parent-child communication or chaos in the home, typify familial circumstances that are in essence largely ‘imposed’, and not determined by the children whose cognitive ability was under study. In adulthood however, environmental conditions are at least partly self-selected. Such self-selected circumstances could also moderate the extent to which genetic and environmental factors influence the individual differences observed in psychometric IQ-scores. In the present paper, we therefore also studied the moderating effects of three adulthood environmental characteristics that are at least partly self-selected and form an indication of the participants present living conditions: the educational attainment of the participants’ partners, mean real estate price of the participants residential area, and, more exploratory, urbanization level of the participants residential area.

Partner educational attainment level was chosen as moderator to test whether, in line with the moderating results described for parental educational attainment level (Kremen et al. 2005; Rowe et al. 1999), the variance decomposition of psychometric IQ scores depends on the educational attainment level of one’s partner. Just like with parental educational attainment level, higher partner educational attainment level could be associated with higher heritability. Assuming that more highly educated partners constitute an intellectually more stimulating environment, this hypothesis is in line with the bio-ecological model, which predicts that genetic potential is actualized to a larger degree under more favorable circumstances. As partner choice is not random, and assortative mating with respect to cognitive ability is likely to take place (e.g., Reynolds et al. 2000), effects of partner educational attainment level should be modeled on both the means and the variances. Mean real estate price can be regarded as a rough measure of current income. This variable was chosen as moderator to test whether, in line with the reported moderating effects of parental income and SES (Harden et al. 2007; Turkheimer et al. 2003), genetic influences on IQ are higher under more favorable socioeconomic circumstances. Several studies have shown that high urbanization levels are associated with decreased mental

and physical health, for instance higher rates of cardiovascular disease, schizophrenia, and depression (e.g., Pedersen and Mortensen 2001; Peen and Dekker 2003; Sundquist and Frank 2004; Sundquist et al. 2004a, b; Willemsen et al. 2005). Possible causes are reduced community support, selective migration, increased access to stimulants (drugs, alcohol), and increased social stress due to high population density. These factors may directly, or indirectly through mental and physical health effects, reduce the extent to which an individuals’ genetic potential is expressed. At the same time, the extent of intellectual stimulation may be higher in more highly urbanized areas, which may help to maximize genetic potential.

In sum, the present study focuses on uncovering the possible moderating effects of parental educational level, partner educational level, mean real estate price and urbanization level on the variability observed in adulthood IQ scores.

## Method

### Subjects

Subjects were registered at the Netherlands Twin Registry (Boomsma et al. 2006) and participated in an ongoing project on the genetics of cognition. Data were available for 314 extended twin families: 58 monozygotic male pairs, 72 monozygotic female pairs, 33 dizygotic male pairs, 63 dizygotic female pairs, 48 dizygotic opposite sex pairs, and their siblings. The total group consisting of 755 subjects (329 males and 427 females). Zygosity was determined based on information from questionnaires, blood group, and typing of highly polymorphic markers.

The distribution of age was clearly bimodal, with a cut around age 36 (see Posthuma et al. 2001 for a more detailed description of this sample). Following Posthuma et al., the sample was therefore split up in two age-cohorts: a young cohort (under 36 years of age, minimum age 20 years,  $N = 385$ ) with a mean age of 26.56 years ( $SD = 3.76$ ), and an older cohort (36 years and older, maximum age 69 years,  $N = 370$ ) with a mean age of 49.39 years ( $SD = 6.99$ ). To preserve family structure, allocation of the siblings of twins to one of the two cohorts, was based on the age of the twins, which resulted in a slight overlap in age between the cohorts (8 siblings older than 36 years were allocated to the young cohort, 2 siblings younger than 36 were allocated to the older cohort). It is possible that the moderator effects on psychometric IQ differ between the two age-cohorts. For example, heritability may change due to age-related changes in gene-expression (Bergen et al. 2007), and the proportion of variance due to unique environmental factors may increase

with age, simply because family members no longer share the same household. Considering the bimodality of the age distribution, a categorical moderator (i.e., cohort) was deemed more appropriate than a continuous moderator (actual age), because of the small number of observations in some of the intermediate age levels.

Likewise, following the idea that opportunities and expectations with respect to education and career may be different for males and females, it is conceivable that moderator effects differed across sex. Sex and cohort status were therefore included in all subsequent analyses.

### Instruments

Psychometric IQ was measured with an abridged version of the Dutch WAIS-III (WAIS-III 1997). Full scale IQ-scores (FSIQ) were based on the following nine subtests: *Information* (IF), *Similarities* (SIM), *Vocabulary* (VOC), *Arithmetic* (AR), *Letter-Number Sequencing* (LN), *Block Design* (BP), *Matrix Reasoning* (MX), *Picture Completion* (PC) and *Symbol Substitution* (SYM). FSIQ-scores were corrected for age- and sex-effects prior to the analyses.

The educational attainment level of partners and parents was determined through questionnaires in which participants reported their own educational level. If self reports of parents and partners were missing, twin and sibling reports of their parents/partners educational level were used. If participants within a family did not agree on the level of educational attainment of their parents, the variable was coded as missing. Mid-parent educational attainment was calculated as the average between reported paternal and maternal education. Initially, four educational categories were distinguished (following e.g., Stronks et al. 1997; Schrijvers et al. 1999): primary education only (1), lower general and vocational education (2), intermediate vocational education, and intermediate/higher general education (3), and higher vocational education, college and university (4). Some levels however, showed very low endorsement: very few partners of participants from the younger cohort endorsed level 1 (only primary education: 2 partners of male, and 5 partners of female participants, respectively), and very few mothers of participants from the older cohort endorsed level 4 (higher vocational education, college and university: 4 mothers of male participants, and 4 mothers of female participants, respectively). For reasons of power and coverage, we therefore decided to collapse educational levels 1 and 2, and educational levels 3 and 4, such that partner education and mid-parent education were coded as lower (0) or higher (1) educational attainment level (for more details, see results section). Note that parental educational attainment is measured at family-level, and thus necessarily equal for all twins and siblings within a family.

Urbanization level of the participant's residential area, and mean real estate prices in the participant's residential area, were determined by linking the participants postal codes to the 1992 postal code information provided by Statistics Netherlands (Centraal Bureau voor de Statistiek 2001). Statistics Netherlands manages a public national data base that covers a wide variety of societal and economical aspects of the Dutch society. For each postal code, Statistics Netherlands provides an urbanization level (scale of 0–4: very high, high, moderate, low, very low/none), and an indication of the mean price of the real estate in that postal area. Mean real estate price was standardized (z-scores) before entering it as a moderator in subsequent analyses.

### Statistical analyses

A series of interaction models was fitted for each moderator separately. Moderator effects on the means were included to allow for possible main effects of the moderator on the mean of the dependent variable (FSIQ), and to adjust for possible gene-environment correlation (rGE, Purcell 2002). In the context of the  $G \times E$  twin-model proposed by Purcell, one form of rGE can be modeled explicitly in a bivariate Cholesky decomposition. Such a bivariate model requires variation in both the moderator and IQ between members of the same family. As parental educational attainment is a family-level variable, which shows no variation between twins and siblings from the same family, explicit modeling of rGE was not possible for this moderator. Explicit modeling of rGE was in principle possible for urbanization level, mean real estate price and partner educational level. However, the correlations between these moderators and FSIQ turned out to be low to such an extent (see Table 1) that explicit modeling of these correlations was deemed redundant. Note that inclusion of moderator effects on the means in essence implies partialling out the effect of the moderator, i.e., the variance shared with the moderator is accounted for, after which the remaining (residual) variance is decomposed into additive genetic influences (A), shared environmental influences (C), and unshared environmental influences (E). These latter three variance components, in turn, were allowed to vary depending on the level of the environmental moderator.

The full model is illustrated in Fig. 1 for a twin pair without siblings. When available, sibling data were however included in all analyses. MZ twin pairs reared together share 100% of their familial environment and 100% of their genes, so correlations between these variance components are fixed to 1. DZ twins and regular sib pairs reared together share 100% of their familial environmental and 50% of their genes on average, so correlations between these components are fixed to 1 and 0.5, respectively



**Table 1** Descriptive statistics for males and females in young and old cohort separately

	Young cohort				Old cohort				FSIQ	
	Males		Females		Males		Females			
	N (%)	FSIQ (SD)	N (%)	FSIQ (SD)	N (%)	FSIQ (SD)	N (%)	FSIQ (SD)		
<i>Moderators</i>										
Partner	Low	15 (16%)	101.69 (11.57)	25 (19%)	101.84 (7.74)	55 (55%)	102.14 (12.63)	59 (37%)	99.84 (12.11)	0.19
	High	79 (84%)	103.75 (10.30)	107 (81%)	105.52 (11.80)	45 (45%)	111.09 (13.51)	100 (63%)	106.29 (10.07)	
Parental	Low	75 (42%)	98.88 (10.93)	82 (43%)	102.03 (10.10)	95 (74%)	103.13 (11.81)	158 (78%)	101.32 (11.02)	0.28
	High	103 (58%)	106.33 (9.91)	109 (57%)	107.51 (10.71)	33 (26%)	110.84 (16.39)	45 (22%)	109.80 (10.26)	
Urbanization	Very low	18 (10%)	99.47 (12.80)	23 (12%)	103.26 (11.07)	28 (20%)	104.70 (12.68)	43 (20%)	103.45 (11.71)	−0.10
	Low	29 (17%)	100.17 (8.60)	48 (24%)	103.99 (11.18)	40 (28%)	104.36 (14.82)	46 (21%)	100.75 (11.92)	
	Moderate	34 (19%)	102.14 (12.20)	34 (17%)	103.05 (10.45)	32 (22%)	105.94 (13.25)	55 (25%)	104.01 (10.49)	
	High	41 (23%)	104.12 (10.34)	37 (19%)	105.88 (12.59)	21 (15%)	104.12 (14.67)	58 (27%)	101.72 (12.18)	
Mean real estate price	Very high	53 (30%)	106.21 (10.24)	58 (29%)	106.33 (9.85)	22 (15%)	104.55 (10.23)	17 (8%)	104.46 (7.83)	
		180.53 (56.78)		188.50 (56.82)		198.67 (49.67)		189.83 (49.89)		0.09
Total		N = 182	103.17 (10.91)	N = 203	104.70 (10.99)	N = 146	104.52 (13.20)	N = 224	102.73 (11.27)	

Note: Full scale IQ scores (FSIQ) were corrected for any age and sex effects

Mean real estate price is expressed in Euro's. Scores were standardized (z-scores) for all subsequent analyses

(Posthuma et al. 2003). In Fig. 1, the moderator is denoted as  $\text{Mod}_{\text{tw1}}$  or  $\text{Mod}_{\text{tw2}}$  for twin 1 and twin 2, respectively. The model includes 2 parameters for the means: an intercept ( $m$ ), which is independent of the moderator, and a slope ( $m'$ ), which is dependent on the moderator. For the variances, the full model included 6 parameters: the parts of A, C and E that are independent of the moderator (denoted  $a$ ,  $c$ , and  $e$ ), and the parts of A, C and E that depend on the moderator (denoted  $a'$ ,  $c'$ , and  $e'$ ). To begin with, all 8 parameters were estimated separately for males and females, and for the young and the older cohort (i.e., 32 parameters in total), which allowed us to study  $G \times E$  interaction separately for young/older males/females.

Note that educational attainment was coded as 0 (lower educational attainment), and 1 (higher educational attainment). This coding implies that a 'baseline' model is estimated for the low educational attainment groups, while the deviations from this model for the higher educational attainment group are modeled through the moderation parameters ( $m'$ ,  $a'$ ,  $c'$ , and  $e'$ ). Similarly, urbanization level was coded 0, 1, 2, 3, 4, implying the estimation of a 'baseline' model for the group living in a very highly urbanized region (0), and linear deviations thereof for the groups living in less urbanized areas.

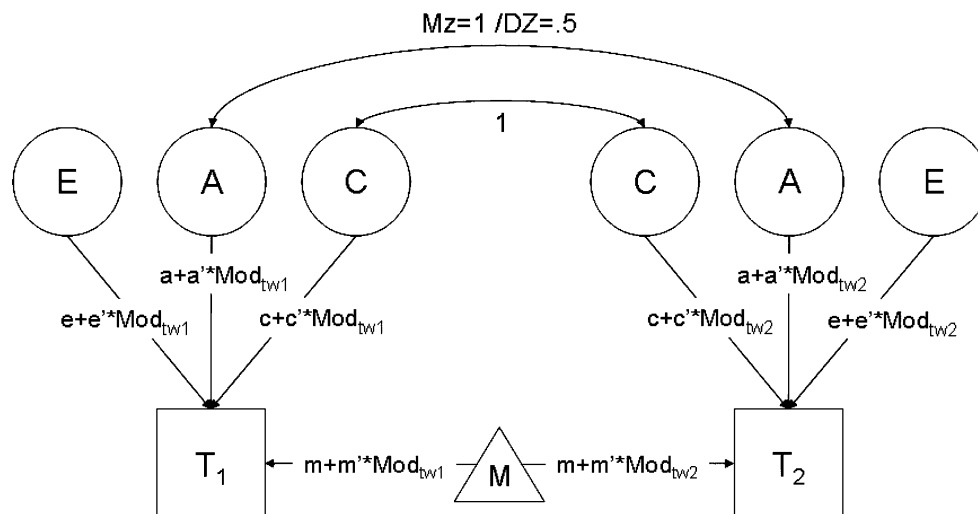
With the full model in place, we fitted a series of nested (more restricted) models in which we constrained parameters to be equal across groups (to test for sex and/or cohort effects), or fixed parameters to zero to test for their significance. The fit of nested models was compared to the fit of less-restricted models through likelihood-ratio tests. The difference in  $-2$  times the log-likelihoods of the competing models is asymptotically distributed as a chi-square ( $\chi^2$ ), with df equal to the difference in the number of parameters estimated (the degrees of freedom are reported in parentheses with the  $\chi^2$ ). All effects were tested against a criterion level  $\alpha$  of 0.05.

## Results

### Preliminary analyses

Descriptive statistics are presented in Table 1, separately for males and females in the young and older cohort. As mentioned, the FSIQ scores were corrected for possible sex and age-effects, so the IQ scores did not differ significantly between the four groups ( $F(3,751) = 1.40$ ,  $ns$ ).

With respect to the moderator variables, Kruskal-Wallis tests showed that the four groups (by sex and cohort) differed with respect to the reported educational attainment of partners ( $\chi^2(3) = 47.77$ ,  $P < 0.001$ ), and parents ( $\chi^2(3) = 82.90$ ,  $P < 0.001$ ). These differences were due to generational differences: within cohorts, educational



**Fig. 1** Path diagram of the biometric model including moderation effects of the observed environmental moderator on the variances and the mean of the twin 1 and twin 2. Parameters  $a$ ,  $c$  and  $e$  denote the parts of variance components  $A$  (additive genetic effects),  $C$  (common environmental effects) and  $E$  (unique environmental effects) that are

unrelated to the moderator, while  $a'$ ,  $c'$ , and  $e'$  denote the parts of  $A$ ,  $C$  and  $E$  that depend on the moderator (i.e., the interaction terms). For the mean, parameter  $m$  denotes the intercept which is independent of the moderator, and  $m'$  denotes the slope, which is dependent on the moderator

attainment levels of partners and parents were equal across male and female participants ( $\chi^2(1) = 2.79$ , *ns*, and  $\chi^2(1) = 2.04$ , *ns*, respectively).

The four groups also differed with respect to urbanization level ( $\chi^2(3) = 34.13$ ,  $P < 0.001$ ), with younger participants living in more highly urbanized areas than older participants. Within cohorts, no sex differences were observed (young cohort:  $\chi^2(1) = 1.36$ , *ns*, older cohort:  $\chi^2(1) < 1$ , *ns*).

Finally, group differences were observed for mean real estate price in the area where the participants lived ( $F(3,732) = 3.11$ ,  $P < 0.05$ ). More specifically, post hoc Tukey HSD tests showed that young males more often lived in areas with lower mean real estate prices than the older males ( $P = 0.01$ ), while none of the other group differences were statistically significant.

Note that these sex- and cohort-differences with respect to the mean (or mean-rank) of the moderator variables do not necessarily imply that these moderators will also show different moderation effects on the means and variances of FSIQ across the groups. Yet, allowing for sex and cohort effects in the following  $G \times E$  interaction models does seem prudent.

Missing value analyses showed that subjects with and without missing values for urbanization level and mean real estate price did not differ with respect to their FSIQ scores (for both,  $F(1,753) < 1$ , *ns*). Across the entire sample, however, subjects whose partner or parental educational level was unknown, had significantly lower FSIQ scores than subjects with known partner or parental educational level (partner educational level:  $F(1,753) = 6.26$ ,

$P = 0.01$ , FSIQ for subjects with missing partner data:  $M = 102.34$  ( $SD = 11.16$ ), FSIQ for subjects with known partner data:  $M = 104.53$  ( $SD = 11.66$ ); parental educational level:  $F(1,752) = 8.23$ ,  $P < 0.01$ , FSIQ for subjects with missing parental data:  $M = 99.47$  ( $SD = 10.28$ ), FSIQ for subjects with known parental data:  $M = 104.08$  ( $SD = 11.56$ ). Because parental education was a family-level moderator (i.e., observations within families cannot be considered independent), and because FSIQ scores of subjects from the same family can also not be considered independent, we also performed missing values analyses for the first subjects of each family only. The difference in FSIQ scores between subjects with and without information for partner and parental educational attainment decreased noticeably (partner educational level:  $F(1,292) = 3.60$ ,  $P = 0.06$ ; parental educational level:  $F(1,292) = 4.67$ ,  $P < 0.05$ ) but remained considerable.

#### $G \times E$ interaction models

Before testing for  $G \times E$  interaction in FSIQ, we fitted a model with only FSIQ for young and older males and females separately (i.e., four-group analysis without moderating effects, for this model:  $-2LL(739) = 5601.84$ ). In this model, the variance components for  $A$  and  $E$  could be equated across the four groups, and the variance component corresponding to shared environment ( $C$ ) could be dropped from the model ( $\chi^2(10) = 15.28$ , *ns*). That is, in these participants, the variance in FSIQ was explained by additive genetic effects ( $A$ ,  $h^2 = 0.82$ ), and unshared environmental effects ( $E$ ,  $e^2 = 0.18$ ), while shared

environmental effects (C) did not explain any variance. The finding that shared environmental effects no longer explain a significant proportion of the individual differences observed in FSIQ in adult subjects, is in agreement with many previous studies (e.g., Rijdsdijk et al. 2002; Posthuma et al. 2001; Luciano et al. 2001; Wright et al. 2001). As expected, intercepts could also be set equal across the four groups ( $\chi^2(3) = 4.83$ , *ns*).

Tables 2–5 include fit information for all four moderator-models. As a start, it is informative to compare the fit of the full moderation-models (Model 1 in Tables 2–5) to the fit of the full model for FSIQ without moderation (a 16 df-test in this case, as the full moderation-models include 12 additional parameters for moderation effects on the variance of FSIQ, and 4 additional parameters for moderation effects on the mean of FSIQ). If the difference in fit is not significant, then the moderator is unlikely to add much information (with such an omnibus test, it is of course possible that 1 or 2 of the 16 parameters are significant). If however the difference is significant, then the moderator is likely to have a significant effect on the mean and/or the variance of FSIQ. The fit of the full moderation models for partner educational attainment, urbanization level and mean real estate price did not differ significantly from the fit of the model for FSIQ without moderation ( $\chi^2(16) = 23.06$ , *ns*;  $\chi^2(16) = 8.61$ , *ns*;  $\chi^2(16) = 13.67$ , *ns*, respectively), implying that moderation effects for these moderators are small or absent. For parental educational attainment, however, the difference in fit was highly significant ( $\chi^2(16) = 50.64$ ,  $P < 0.001$ ), suggesting the presence of some sort of moderation. The exact relation between FSIQ and the moderators is investigated in more detail below.

In line with the findings for the unmoderated FSIQ model, the unmoderated parts of the variance components (parameters a, c and e) could be equated across sex and cohort (in all moderator models: Model 1a vs Model 1:  $\chi^2(9) < 14.59$ , *ns*). The intercepts, i.e., the unmoderated part of the means model, could also be equated across sex and cohort (in all moderator models: Model 1b vs Model 1a:  $\chi^2(3) < 6.08$ , *ns*), and shared environment effects could be dropped from the model (in all moderator models: Model 1c vs Model 1b:  $\chi^2(1) < 1.10$ , *ns*). Note that moderator effects modeled on the shared environment variance component C (i.e., parameter  $c'$ ) remain in the model, i.e., shared environmental effects can still turn out to be significant for some levels of the moderators under study.

The constraints imposed in models 1a through 1c were deemed expedient because constraining the unmoderated part of the model, and dropping non-significant parameters from the model, increases the power to detect moderation effects. It should be noted, however, that the effects

reported below, would decrease somewhat in size, but would not disappear entirely, when these constraints were not imposed.

Also, with a view to enhancing statistical power, our model fitting strategy included equating moderation parameters across sex and cohort first (if possible), before testing their significance.

For all moderators, the equated AE-model with intercepts constrained to be equal across sex and cohort, was therefore taken as point of departure (i.e., Model 1c in Tables 2–5).

#### *Parental educational attainment level*

First, the moderation effects of parental educational attainment (Table 2) on the variance components of FSIQ (i.e., parameters  $a'$ ,  $c'$  and  $e'$ ) were constrained to be equal across sex and cohort (Model 2). This, however, resulted in a significant deterioration of the fit (Model 2 vs Model 1c:  $\chi^2(9) = 18.00$ ,  $P < 0.05$ ). The source of this misfit appeared to be the moderation in the group of older males: moderation effects in all other groups could be constrained to be equal (Model 2a vs Model 1c:  $\chi^2(6) = 2.77$ , *ns*), and could subsequently be dropped from the model (Model 3 vs Model 2a:  $\chi^2(3) < 1$ , *ns*). To determine the exact source of the moderation for the older males, we fixed the three moderation parameters alternately to zero (for  $a'_{om}$ : Model 4a vs Model 3:  $\chi^2(1) = 2.27$ , *ns*; for  $c'_{om}$ : Model 4b vs Model 3:  $\chi^2(1) = 5.68$ ,  $P < 0.05$ ; for  $e'_{om}$ : Model 4c vs Model 3:  $\chi^2(1) = 1.63$ , *ns*). The only significant drop in fit was observed when the moderation on the shared environmental variance component, parameter  $c'_{om}$ , was fixed to zero. That is, in contrast to the other groups, shared environmental effects accounted for some of the individual differences observed in older males from more highly educated families. Indeed, for older males, moderation of A and E could both be dropped from the model (Model 5 vs Model 3:  $\chi^2(2) = 5.12$ , *ns*). Eventually, shared environmental effects explained 47% of the variance observed in older males from more highly educated families, while additive genetic effects and unshared environmental effects explained 42% and 11%, respectively. In contrast, shared environmental effects did not explain any variance in older females, younger males and females, and older males from less educated families, while additive genetic effects and unshared environmental effects explained 80% and 20% of the variance, respectively.

Effects of parental education on the means could be equated across sex and cohort (Model 6 vs Model 7:  $\chi^2(3) = 3.23$ , *ns*), and these effects were highly significant (Model 7 vs Model 6:  $\chi^2(1) = 31.50$ ,  $P < 0.001$ ). Specifically, FSIQ scores were on average 5 IQ points higher in children whose parents were more highly educated.



**Table 2** Model fitting results for an interaction model of full scale IQ with parental educational attainment level as moderator

	Pareducr	–2LL	Df	$\chi^2_{\text{diff}}$	Df <sub>diff</sub>	P
Model 1	Full model	5551.197	723			
1a	Equalize unmoderated parts of variance (a, c, an e) across sex and cohort	5561.361	732	10.164	9	
1b	Equalize unmoderated part means (m) across sex and cohort	5567.441	735	6.08	3	0.11
1c	Drop parameter c	5568.444	736	1.00	1	
Model 2	Equalize moderation parameters a', c' and e' (variances) across sex and cohort	5586.443	745	17.999	9	0.035
2a	Equalize all but moderation for older males	5571.212	742	2.77	6	
Model 3	Drop all but moderation for older males	5572.164	745	<1	3	
Model 4a	Drop moderation A older males (a <sub>om'</sub> )	5574.436	746	2.72	1	0.10
4b	Drop moderation C older males (c <sub>om'</sub> )	5577.846	746	5.68	1	0.02
4c	Drop moderation E older males (e <sub>om'</sub> )	5573.793	746	1.63	1	0.20
Model 5	Drop all but c <sub>om'</sub>	5577.279	747	5.12	2	0.08
Model 6	Equalize moderation parameter means (m') across sex and cohort	5580.511	750	3.23	3	0.36
Model 7	Drop moderation means	5612.013	751	31.50	1	<0.001
<i>Parameters final model</i>						
Means	m = 102.09		Variances	A = 9.71		
	m' = 5.09			E = 4.93		
				C' <sub>om</sub> = 10.34		

*Note:* Parameters a, c and e refer to the unmoderated parts of the variance components A (additive genetic effects), C (common environmental effects) and E (unique environmental effects) of FSIQ, while parameters a', c' and e' refer to the moderation parameters of these variance components. Parameter m refers to the unmoderated part of the means model, while parameter m' refers to the moderation effect in the means. Subscripts refer to young (y) or old (o) and males (m) or females (f), respectively

### Partner's educational attainment level

The moderation effects of partner's educational attainment level on the variance components of FSIQ (Table 3) could be constrained to be equal across sex and cohort (Model 2 vs Model 1c:  $\chi^2(9) = 3.44$ , *ns*), and were not significantly different from zero (Model 3 vs Model 2:  $\chi^2(3) = 3.61$ , *ns*). In all groups, additive genetic effects accounted for

82% of the variance observed in FSIQ, and unshared environmental effects for the remaining 18%.

Partner educational attainment level had no significant effect on the means in the young cohort, but did have a significant effect on the means in the older cohort, which was equal for males and females (Model 4 vs Model 3:  $\chi^2(3) = 1.25$ , *ns*). These findings suggest a cohort-effect: FSIQ scores of older subjects whose partners were more

**Table 3** Model fitting results for an interaction model of full scale IQ with partner educational attainment level as moderator

	Partner educ	–2LL	Df	$\chi^2_{\text{diff}}$	Df <sub>diff</sub>	P
Model 1	Full model	5578.779	723			
1a	Equalize unmoderated parts of variance (a, c, an e) across sex and cohort	5591.781	732	13.002	9	0.16
1b	Equalize unmoderated part means (m) across sex and cohort	5597.746	735	5.965	3	0.11
1c	Drop parameter c	5597.998	736	0.25	1	0.62
Model 2	Equalize moderation parameters a', c' and e' (variances) across sex and cohort	5601.423	745	3.435	9	0.94
Model 3	Drop all moderation on the variances	5605.035	748	3.612	3	0.31
Model 4	Drop moderation on means (m') for young cohort, equalize for old cohort	5606.282	751	1.247	3	0.74
<i>Parameters final model</i>						
Means	m = 103.6656		Variances	A = 10.31		
	m' <sub>o</sub> = 2.23			E = 4.87		

*Note:* Parameters a, c and e refer to the unmoderated parts of the variance components A (additive genetic effects), C (common environmental effects) and E (unique environmental effects) of FSIQ, while parameters a', c' and e' refer to the moderation parameters of these variance components. Parameter m refers to the unmoderated part of the means model, while parameter m' refers to the moderation effect in the means. Subscripts refer to young (y) or old (o) and males (m) or females (f), respectively

**Table 4** Model fitting results for an interaction model of full scale IQ with urbanization level as moderator

Urbanization		−2LL	Df	$\chi^2_{\text{diff}}$	Df <sub>diff</sub>	P
Model 1	Full model	5593.224	723			
1a	Equalize unmoderated parts of variance (a, c, and e) across sex and cohort	5603.054	732	9.83	9	0.36
1b	Equalize unmoderated part means (m) across sex and cohort	5604.026	735	0.972	3	0.81
1c	Drop parameter c	5604.487	736	0.461	1	0.50
Model 2	Equalize moderation parameters a', c' and e' (variances) across sex and cohort	5615.436	745	10.949	9	0.28
Model 3	Drop all moderation on the variances	5616.621	748	1.185	3	0.76
Model 4	Equalize moderation parameter means (m') across sex and cohort	5621.146	751	4.525	3	0.21
Model 5	Drop moderation means	5621.951	752	0.805	1	0.37
Model 6	Drop moderation means, but not in young males	5618.461	751	3.49	1	0.06
<i>Parameters final model</i>						
Means	M = 103.76	Variances				
	m' <sub>ym</sub> = −0.80	A = 10.48				
		E = 4.86				

*Note:* Parameters a, c and e refer to the unmoderated parts of the variance components A (additive genetic effects), C (common environmental effects) and E (unique environmental effects) of FSIQ, while parameters a', c' and e' refer to the moderation parameters of these variance components. Parameter m refers to the unmoderated part of the means model, while parameter m' refers to the moderation effect in the means. Subscripts refer to young (y) or old (o) and males (m) or females (f), respectively

highly educated were on average a full 2 IQ points higher, compared to the FSIQ scores of older subjects whose partners were less educated.

#### Urbanization level of the residential area

The moderating effects of level of urbanization on the variance components (Table 4) could be set equal across sex and cohort (Model 2 vs Model 1c:  $\chi^2(9) = 10.95$ , *ns*), and could be dropped from the model (Model 3 vs Model 2:  $\chi^2(3) = 1.19$ , *ns*). Additive genetic effects accounted for 82% of the observed variation in FSIQ scores, and unshared environmental effects for the remaining 18%.

The effect of level of urbanization on the means could be constrained to be equal across sex and cohort (Model 4 vs Model 3:  $\chi^2(3) = 4.23$ , *ns*), and dropped from the model (Model 5 vs Model 4:  $\chi^2(1) < 1$ , *ns*). A small trend was however observed for younger males, with FSIQ scores being slightly higher (about 0.80 IQ points) in males living in more urbanized areas (Model 6 vs Model 5:  $\chi^2(1) = 3.49$ ,  $P = 0.06$ ). This trend is also visible in Table 1, where FSIQ scores increase from 99.47 for young males living in areas with very low urbanization, to 106.21 for young males living in areas where urbanization is very high.

#### Mean real estate price in the residential area

The moderating effect of mean real estate price of the residential area on the variance components of FSIQ (Table 5) were not significantly different across sex and cohort (Model 2 vs Model 1c:  $\chi^2(9) = 3.78$ , *ns*), and could be dropped from the model (Model 3 vs Model 2:

$\chi^2(3) = 5.511$ , *ns*). However, leaving in the moderation parameter for the E-component of older males ( $e'_{om}$ ) did result in a model with a significantly better fit (Model 3a vs Model 3:  $\chi^2(1) = 5.02$ ,  $P < 0.05$ ). This parameter was estimated at 0.46. As mean real estate price was standardized (z-scores), this implies an increase of about 2–3% of the variance explained by unshared environmental effects with every standard deviation increase in mean real estate price. More precisely, the percentage of variance explained by unshared environmental effects in older males increased from 10% for subjects with mean real estate price scores more than 3 SD below the average, to 18% for subjects with an average mean real estate price score, to 26% for subjects whose mean real estate price score was 3 SD above the mean. As a result, the relative contribution of the additive genetic effects decreases in older males from 90% via 82% to 74%, depending on mean real estate price. In the young cohort, and in older females, this moderation was not significant and additive genetic effects and unshared environmental effects accounted for 82% and 18% of the variance, respectively, independent of mean real estate price.

The effect of mean real estate price on the mean could be set equal across sex and cohort (Model 4 vs Model 3a:  $\chi^2(3) = 1.28$ , *ns*), and fixing this parameter to zero resulted in a decrease in fit that was close to significant (Model 5 vs Model 4:  $\chi^2(1) = 3.66$ ,  $P = 0.06$ ). The effect on the means (m') was estimated at 0.36, implying a slight increase in FSIQ scores with every standard deviation increase in mean real estate price.

To investigate the robustness of the effects observed for FSIQ, all analyses were re-run for verbal IQ (VIQ) and performance IQ (PIQ) separately, with VIQ based on the

**Table 5** Model fitting results for an interaction model of full scale IQ with mean real estate price as moderator

Mean real estate price		–2LL	Df	$\chi^2_{\text{diff}}$	Df <sub>diff</sub>	P
Model 1	Full model	5588.163	723			
1a	Equalize unmoderated parts of variance (a, c, and e) across sex and cohort	5602.742	732	14.579	9	0.10
1b	Equalize unmoderated part means (m) across sex and cohort	5607.506	735	4.764	3	0.19
1c	Drop parameter c	5607.507	736	0.001	1	0.97
Model 2	Equalize moderation parameters a', c' and e' (variances) across sex and cohort	5611.287	745	3.781	9	0.93
Model 3	Drop all moderation on the variances	5616.798	748	5.511	3	0.14
Model 3a	Drop all but moderation in E of older males (e <sub>om'</sub> )	5611.774	747	5.024	1	<0.05
Model 4	Equalize moderation parameter means (m') across sex and cohort	5613.055	750	1.281	3	0.73
Model 5	Drop moderation means	5616.713	751	3.658	1	0.06
<i>Parameters final model</i>						
Means	m = 103.7412	Variances A = 10.4655				
	m' = 0.38	E = 4.8456				
		e' <sub>om</sub> = 0.4649				

*Note:* Parameters a, c and e refer to the unmoderated parts of the variance components A (additive genetic effects), C (common environmental effects) and E (unique environmental effects) of FSIQ, while parameters a', c' and e' refer to the moderation parameters of these variance components. Parameter m refers to the unmoderated part of the means model, while parameter m' refers to the moderation effect in the means. Subscripts refer to young (y) or old (o) and males (m) or females (f), respectively

WAIS subtests Information, Similarities, Vocabulary, Arithmetic and Letter-Number sequencing, and PIQ based on the subtests Block Design, Matrix Reasoning, Picture Completion and Copying.

When VIQ and PIQ were modeled without moderation, the variance could be explained by A and E only, and shared environmental effects were insignificant. For VIQ, the A and E components could be equated across the four groups, with 78% of the variance explained by additive genetic effects. For PIQ, A and E were equal in males and females, but not across cohorts. Additive genetic effects explained 68% of the variance in the young cohort, and 75% of the variance in the older cohort.

As with FSIQ, parental educational attainment level had significant effects on the means of both VIQ and PIQ, with higher FSIQ scores for participants from more highly educated families (for VIQ,  $m' = 5.14$ ; for PIQ,  $m' = 3.80$ ). However, in contrast to the results observed for FSIQ, parental education did not significantly moderate the variance of VIQ in older males. A trend for moderation of the variance components of the older males was observed for PIQ, but statistical power was inadequate to detect the actual source of moderation (via A, C or E).

In line with the results for FSIQ, partner educational level had a significant effect on the means of both VIQ and PIQ in the older cohort. Older subjects whose partners were more highly educated had higher VIQ and PIQ scores (for VIQ,  $m'_{\text{o}} = 2.35$ ; for PIQ,  $m'_{\text{o}} = 2.43$ ).

Like with FSIQ, urbanization level influenced the mean VIQ scores of younger males ( $m'_{\text{ym}} = -1.08$ ), with lower urbanization levels being associated to lower VIQ scores. This effect however was not replicated for PIQ.

The small means effect of mean real estate price, and the unique environmental variance of older males, as found for FSIQ, were not replicated for PIQ. Similar effects, albeit of smaller size, were however observed for VIQ.

Details on these additional analyses are available online ([www.psy.vu.nl/u/s.van.der.sluis](http://www.psy.vu.nl/u/s.van.der.sluis)).

## Discussion

Previous studies have shown that characteristics of the childhood home-environment can influence the extent to which additive genetic factors and environmental factors contribute to the variability observed in children's cognitive ability. The aim of the present study was to determine whether the variability in cognitive abilities observed in adult subjects is moderated by environmental factors as well. These factors included a characteristic of the childhood home-environment, namely parental educational attainment level, and three largely self-selected characteristics of the adulthood environment, to wit partner educational attainment level, urbanization level of the participant's residential area, and mean real estate price of the participant's residential area. The latter moderator was considered a crude estimate of income.

Contrary to the findings reported in children (e.g., Harden et al. 2007; Turkheimer et al. 2003; Rowe et al. 1999), we did not find any indication of gene by environment interaction in our adult sample, i.e., the variance explained by additive genetic effects in FSIQ, VIQ and PIQ was stable across the levels of all environmental moderators under study. This means that so far, the only two

studies on moderation in adults' cognitive ability (the present study and the study by Kremen et al. 2005) fail to replicate the differential effects of additive genetic effects in different environments, as has been observed in children. This could suggest that the genes that are vulnerable to environmental influences in childhood, and as such give rise to significant  $G \times E$  effects, are involved in development of e.g., the brain. Further research is however required to verify this hypothesis.

The small moderation effects that we did observe, were restricted to the older males, and concerned moderation of the environmental variance components C (parental education) and E (mean real estate price). In older males, the variance due to unique environmental influences (E) increased with increasing mean real estate price, and the variance due to common environmental influences (C) was larger for higher levels of parental education. This latter result contrasts with the findings reported in the only other study on moderation in adults cognitive ability (Kremen et al. 2005), where common environmental effects were reported to be smaller for higher levels of parental education. Kremen and colleagues, however, studied word recognition ability rather than IQ, which may explain the discrepancy in results.

The present analyses are not informative about the exact mechanism underlying the observed moderation in the environmental variance components E and C, and at present, it is unknown why this moderation was observed only in the older males in our sample. Speculative explanations may revert to sociological phenomena. For example, with respect to the effect of parental educational attainment level, it is conceivable that expectations and opportunities regarding education, career and intellectual development were considerably different for males and females in the older cohort, and that this difference was smaller in the young cohort. Older males from highly educated parents may have experienced more familial pressure than females of this same generation, or the males and females of the younger generation, resulting in significantly larger shared environmental effects. Such explanations, however, are entirely speculative and further research is required.

Besides the small moderation effects on the variances, significant effects of the moderators on the means were observed in this study. First, higher educational attainment level of the parents was associated with higher FSIQ in their children (about 5 IQ points higher, compared to children whose parents endorsed the lower educational attainment level). This familial association between parents' education and offspring's FSIQ scores is probably due to a combination of shared genetic influences, and vertical cultural transmission, i.e., the transmission of non-genetic information from parent to child (e.g., Fulker 1982,

1993). Second, higher educational attainment level of partners was also associated with higher FSIQ (about 2 IQ points), but only in the older cohort. The Spearman correlation between partner educational level and FSIQ was 0.27 in the old cohort, and only 0.11 in the young cohort. Evidence for assortative mating, i.e., the phenomenon that mate selection is based partly on the phenotype under study, is quite strong for both IQ (e.g., see Jensen 1978 for an overview) and educational level. Our finding that partner educational level is more highly associated to participants' FSIQ scores in the older cohort, is in line with the hypothesis that the degree of assortative mating has decreased over the last few decades (Johnson et al. 1980). It is however also important to note that the partner choice of the subjects from our young cohort may not yet be 'final'. With a mean age of only 26 years in the young cohort, it is conceivable that many of the partners, whose educational attainment levels were reported and analyzed, may not be the final life partners of our subjects. The association between FSIQ and higher educational attainment levels of partners as observed in the older cohort may therefore still take shape in the young cohort when the partner choice is more final. Third, urbanization level had a small main effect on the FSIQ scores of young males, indicating slightly higher FSIQ scores in young males living in more urbanized areas. This effect may be due to the presence of institutes of higher education, and/or the greater employment opportunities in these areas. This effect was however not replicated for PIQ. Fourth, higher mean real estate scores were in the entire sample associated with slightly higher FSIQ scores. All mean effects were replicated for VIQ, and most were replicated for PIQ.

A major limitation of the present study is the relatively small sample size. Because we did not want to rule out possible sex and cohort effects with respect to the moderation, all analyses started out with four groups, i.e., older and younger males and females, which were relatively small considering the complexity of our models. It is therefore conceivable that we missed some small moderation effects actually present in the data due to lack of statistical power. For instance, for the detection of moderation effects of mean real estate price, partner educational attainment and urbanization level on the variance components of FSIQ, the observed power was only 0.48, 0.36 and 0.11, respectively. This means that an overall sample size of  $N = 620$ ,  $N = 950$  and  $N = 2900$  (where  $N$  is the number of subjects for whom both FSIQ and moderator data are available) would actually have been required to obtain a power of 80%. Another limitation concerns the operationalization of our moderators. Mean real estate price is only a proxy of income, and a more exact measure of income is clearly advisable. Similarly, previous studies have shown that the effects of

urbanization may differ for rich and poor subjects (Dye 2008), but our measure of urbanization did not take into account the affluence of the neighborhood in which our subjects live.

Still, this study contributes to the growing body of evidence (e.g., Button et al. 2005; Jaffee et al. 2003; Johnson and Krueger 2005; Tuvblad et al. 2006) suggesting that the amount of variance attributable to genetic and environmental factors in traits such as cognitive ability, physical health, childhood conduct problems, and anti-social behavior is not static across the entire population, but can vary as a result of environmental moderators related to previous (childhood) or present (adulthood) home-environment.

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